



Boone County 4-H Newsletter

November 2023



Boone County 4-H Recognition

Boone County 4-H Recognition will be held November 19th at the Hallsville Fairgrounds. The evening will begin at 5:00 pm with Supper and awards presentations will begin at 6:00 pm. The dress is business casual and families do not need bring anything.

Join us to celebrate the achievements of our members during the 2022-2023 4-H Year and the contributions of the 4-H Volunteers that helped to make those achievements possible.

SS 740- Shooting Sports Safety Class

The Shooting Sports Safety Class (SS 740) is required of all members enrolled in their first year of a shooting sports discipline. Please mark your calendar for January 19th and 20th for this Class. Attendance in the full class (both days is required for completion). The class will meet at the Boone County Extension Office on Friday, January 19th evening and again Saturday, January 20th from morning until mid-day. Stay tuned for specific times and please plan to bring lunch.

New Face in the Boone County 4-H Program

Boone County is excited to have Elizabeth Rush, Boone County Youth Program Associate to join the MU Extension Team.

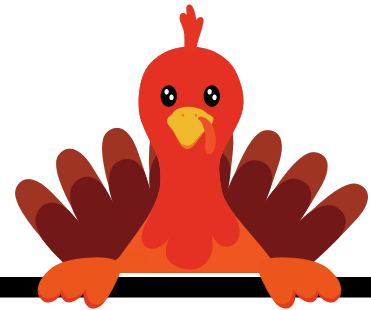
Elizabeth is excited to be working with the Boone County 4-H Program part-time while also working to obtain her master's degree in Agriculture Education, Leadership, and Communication here at the University of Missouri- Columbia.

Hello! I am Elizabeth Rush and I am thrilled to be working with the Boone County 4-H program. I was born and raised on a turkey and cattle farm in mid-Missouri, where my family is the third generation of farmers in Miller County. I recently graduated from Northwest Missouri State University with a bachelor's degree in agriculture business.



Calendar

- **November 15**
 - Ham Reservations due
- **November 18**
 - Fishing Day
- **November 19**
 - Recognition Night
- **November 29**
 - Ham Prep Day
- **December 2**
 - Ham Pick Up Day
- **December 4**
 - Camp T-Shirt Design Due
- **January 19-20**
 - Shooting Sports Safety Class SS740



Ms. Elizabeth Rush

erush@missouri.edu

Boone County Extension Office

1020 N Hwy UU
Columbia, MO 65203
573-445-9792

 **Extension**
University of Missouri

an equal opportunity/ADA institution



Hams

Ham Day is approaching, we need volunteers! Please contact Youth Program Associate, Elizabeth Rush at erush@missouri.edu if you can help!

-Ham Day Preparation-

Wednesday, Nov. 29th 5:00pm-7:00pm

**We are needing 6 or more volunteers to prepare stockinette packages. **

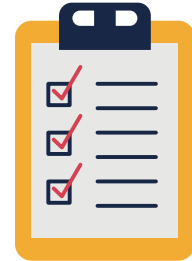
Location: 246 Stringer Wing, Columbia, MO 65211 in classroom #145

Ham Reservations

Ham Reservations are due November 15th.

Please contact your club leader how many hams you need.

These forms (one per club) are due November 15th.



-Boone County 4-H Ham Day -

Saturday, Dec. 2nd 8:00am-10:00am

Pick up hams at Eckles Hall on MU Campus, 1400 Rollins St. Columbia, MO 65201.

There will be a ham curing clinic beginning at 9:00am in the Meats Lab for anyone interested. Payment will be due at the time of pick-up and we will be accepting cash and checks. Checks need to be made out to the Boone County 4-H Sr. Council. Papers/Stockinette will be available for purchase for \$1.

2024 4-H Feeding Missouri Initiative

It is time to start planning for the 4-H Feeding Missouri friendly competition that runs from Jan 1 to April 30. Missouri Farmers Care has once again provided matching mini grants to help in your efforts. Applications are due by Dec. 15 and recipients will be notified by Feb. 1. If all funds are not awarded, we will take more applications.



[Mini-grant application](#)

PRIORITY WILL BE GIVEN TO PROPOSALS THAT USE THE FUNDS FOR ACTIVITIES OTHER THAN DONATING THE FUNDS DIRECTLY BACK TO 4-H FEEDING MISSOURI. EXAMPLES INCLUDE: EDUCATIONAL COMMUNITY EVENTS, CARE PACKAGES, ETC.

What is 4-H Feeding Missouri?

4-H Feeding Missouri began in 2018 as a partnership between Missouri 4-H and Feeding Missouri. Our goal was to bring awareness to the issue of food insecurity and to encourage our 4-H members and volunteers to take action in their own communities to fight hunger. We held a friendly competition between counties to see who could raise the most meals by collecting food and/or monetary donations, by donating their time at local food pantries, and/or educating the public about food insecurity.

In 2019, we added Missouri Farmers Care as a partner and became part of the Drive to Feed Kids. And in 2020, Missouri Farmers Care rolled out Hogs for Hunger as an opportunity for youth in 4-H and FFA to donate their hogs as a source of protein to Missouri's foodbanks. In 2020, they started providing matching mini grants to help clubs/counties in their efforts to raise meals.

This is year 6 for 4-H Feeding Missouri! We have far surpassed the 1 MILLION meals provided mark and by meeting this year's goal of raising 277,000 meals for the food insecure, we will meet our 2 MILLION meal benchmark!

· Visit the [website](#) for full details.

Camp Clover Point T-Shirt Design Contest

While the temperatures may be dropping, plans are already being made for the days of summer sunshine and the 4-H Camp opportunities.

If creativity is your thing, why not give creating a design for the 2024 Camp T-shirt Design Contest a try!

Requirements are show in the graphic to the left and you could win a free scholarship to attend camp this summer.

Submissions are due to the Extension Office by December 4th.

Create a Camp T-Shirt Today!

Requirements-

- One color of writing
- Needs to have Camp Clover Point on it
- Be centered around a camping theme
- Encouraged to use the 4-H clover but not required
- can specify the shirt color but not required

**Win a FREE
Camp Clover Point
Scholarship!**



**Due to your 4-H
extension office by:
December 4th**





Fishing Day at Jefferson Farm

Join us for a Fishing Day at Jefferson Farm and Garden, 4800 E. New Haven Rd, Columbia, Missouri on Saturday, November 19th from 2-4 pm.

Registration is not required, but youth will need to bring a pole.

Dress warm, invite and invite your 4-H and non 4-H friends.

Refreshments are not provided, but you are welcome to bring your own.

Working Together

Working Together represents an international effort to engage youth from different countries and allow them to learn about different cultures. We hope that sharing their food, family structure, hobbies, and sports in an online safe environment will increase their cultural understanding. Our project is organized into seven lessons, being the first one an introduction to online learning and internet etiquette, all the lessons are divided into five sections, purpose, background, procedure, group reflection, and evaluation. A review of internet safety/etiquette will occur 30 min prior to first session.

Youth are encouraged to commit to only one session.

The program will be delivered as the following.

- Session A: 8pm Thursdays Nov 30, Dec 7, 14, 21, Jan 11, and 18
- Session B: 8pm Thursdays Feb 1, 8, 15, 22, 29, Mar 7
- Session C: 9am Tues & Thurs. June 11, 13, 18, 20, 25 and 27

All sessions are held on Central time.

- Must be ages 12-18 to participate.
- Register in 4-H Online no later than 1 week before the session starts.
- Free to participate.

Contact your local 4-H MU Extension staff for more information.

Working Together

Make new friends from Bangladesh! Learn about each others food, sports, hobbies, and more.



Extension | Nutrition Club

Sign up to meet new friends!

BIID Foundation

IT'S TIME TO RE-ENROLL

The New 4-H Year started on October 1st so that means if you haven't already, now is the time for members and volunteers to re-enroll.

To re-enroll, login to [4-H Online](#).

- Please use your existing account—if you have trouble accessing it, contact the Boone County Extension office.
- For each member that is re-enrolling, click 'Enroll now' and follow each step on each screen.
- For more information on how to re-enroll, see the links below
 - [Enrollment step-by-step guide](#)
 - [Enrollment How-to video](#)



Missouri Department of Agriculture Building Our American Communities Grants

The Missouri Department of Agriculture offers Missouri 4-H clubs grants of up to \$500 for projects aimed at developing an advancing Missouri's rural communities. Projects must benefit an agricultural community and/or promote community development. Projects may include improvements to existing facilities, grounds or buildings that are used by various organizations in the applicant's community. Visit the [link](#) at Missouri Department of Agriculture for the full details and application. Applications must be postmarked or received electronically by December 1st, 2023. Recipients awarded funding will be notified in early January and projects must be completed by August 1st 2024.



4-H Sportfishing Volunteer Certification Training

4-H Sportfishing Volunteer Certification Training is available in [4-H Online](#). Volunteers must complete the certification to be sportfishing leaders. For those that completed the prior approval process, they will not need to take the new 4-H Online sportfishing certification. The Sportfishing leader must be committed to include all four content areas in the project: Angling Skills, Tackle Craft, Aquatic Ecology, and People and Fish.

Steps for volunteers to complete the certification.

1. Order or borrow the National CCS Sportfishing Curriculum (Fishing Curriculum Set of 4) found at [shop4-h.org](#) or ask if your local Extension Office has copies that can be borrowed.
2. Review the [MO 4-H State Sportsfishing Plan](#)
3. Review the [curriculum resources](#)
4. Complete the Sportfishing Leader Training and Quiz in [4-H Online](#).

Leaders **MUST** have a profile in 4-H Online and be approved 4-H Volunteers.

- They can access the training through 4-H Online by logging into their profile, selecting "trainings" from the menu on the left, then select "register" and complete the "Sport Fishing Leader Training".
- The quiz will be graded (80% is passing). If the volunteer does not pass, they may complete the training and the quiz again.

For more information, check out the [state 4-H Website](#).

SAVE THE DATE

2024 MISSOURI 4-H
EQUINE TOUR
MAY 20-26, 2024
DESTINATION - COLORADO



2024 Missouri 4-H Equine Tour

4-H Teens, ages 14-18, who are dreaming of an equine-related career, this is the opportunity for you! The 2024 Equine tour will travel to Colorado and explore the equine industry present along the way. The anticipated cost of this experience is \$850 per youth. Forty youth are needed to make the trip a go, but registration is limited to fifty youth. Registration opens in 4-H Online February 1st. So talk it over with your family and friends and save the dates of May 20-26, 2024!

Call for Nominations for the Naomi Crouch 4-H Volunteer Leadership Award

The Missouri 4-H Foundation is now accepting nominations for the Naomi Crouch 4-H Volunteer Leadership Award named in honor of Naomi Mohler Crouch, a former Missouri 4-H Foundation Trustee and Chair and a Clay County 4-H parent and volunteer. Each year statewide, two individuals and one organization are selected to receive this honor. Nominees must have a minimum of five years of volunteer service, and demonstrate a significant impact on the countywide Missouri State 4-H program. Award recipients will be recognized and \$250 will be presented to the 4-H county or club in the recipients' honor. Nominations are due by December 15th and will be accepted from the county 4-H councils and their designated representatives, 4-H staff, and 4-H clubs. For all of the details and the application, check out the [LINK](#).



Goal Setting: Getting the 4-H Year Started

Once you have enrolled for the year and started attending your club's monthly meetings, it is time to start getting active with your projects. Now is a great time to start a project record for each of your projects. Project records start with goal setting which is really just making a list of what you would like to get out of your 4-H experience so that you can focus on how you want to get there- kind of like a road map.

Project	County	Year
Name	4-H age (as of Jan. 1)	Birth date
Address	City	State Zip
Name of 4-H club	Years in project	Years in 4-H

Project goals (What would I like to learn this year?)	Date accomplished/Comments
1.	
2.	
3.	

Overall 4-H goals (What would I like to learn this year?)	Date accomplished/Comments
1.	
2.	
3.	

Experience	What was learned	Level

In 4-H, we set both personal and project goals. Personal goals might be to meet new friends or to attend a leadership experience beyond the county lines, like going to 4-H Camp or Teen Conference. Project goals would be learning new skills-like learning a new stitch in crochet or learning to code a new program in computers. Goals should have three main parts that can be measured: action, results and a timeline.

Ask yourself these three questions when writing your goals:

1. What will you do?
2. How are you going to do it?
3. When do you plan to have it completed?

Once you have your goals set, the project record becomes a great place to capture your progress along the way to achieving the goals you set for yourself!

[Project Record Form](#)
[Livestock Project Record Form](#)
[Shooting Sports Project Record Form](#)

3RD ANNUAL
TIGER INVITATIONAL LIVESTOCK JUDGING CONTEST
 SATURDAY, DECEMBER 2, 2023



- 12 High Quality Classes
- 4 Divisions - Junior Reasons, Senior Reasons, Junior Questions, Senior Questions
- Unlimited Entries per County/School
- Out-of-State Teams Welcome
- Team and Individual Prizes per Division
- Register by November 15, 2023

HOSTED BY THE MIZZOU LIVESTOCK JUDGING TEAM IN COLUMBIA, MO



To register, please go to: <https://forms.gle/fC17MGKvFUpAZmqg9>
 Questions? Contact Tawnie DeJong, MU Livestock Judging Team Coach
tawnie.dejong@missouri.edu | 605.441.0695

Tiger Invitational Livestock Judging

The 3rd Annual Tiger Invitational Livestock Judging Contest will be held Saturday, December 2nd at Trowbridge Livestock Center on the University of Columbia Campus. Registration will run from 8:00-8:30 am with all teams in place by 8:45 and the contest starting promptly at 9:00 am.

Entry fees are \$15 per contestant with lunch being provided for all participants. Registration is now open and will close November 15th. Registration Link can be found at <https://forms.gle/fC17MGKvFUpAZmqg9>.

Divisions

- Reasons (Placings and Reasons)
 - Juniors (youth currently ages 8-13)
 - Eight placing classes with 3 sets of reasons
 - Seniors (youth currently ages 14-18)
 - Twelve placing classes with five sets of reasons
- Non-Reasons/Questions (Placings and Questions)
 - Juniors (youth currently ages 8-13)
 - Eight placing classes with two sets of questions
 - Seniors (youth currently ages 14-18)
 - Twelve placing classes with four sets of questions

Full details can be found [here](#).

Demonstrations

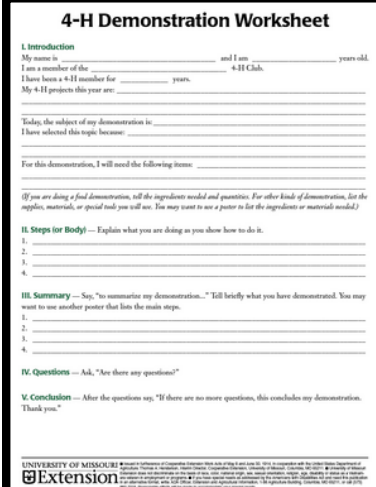
Demonstrations are a great way to build your public speaking skills. Most clubs require members to present a demonstration during the year.

- Demonstrations should last between 5-10 minutes and then have time for a few questions from the audience.
- Chose a topic you enjoy! Demonstrations tied to your projects are great!
- A demonstration is just like show and tell;
 - Tell them what it is you are going to do.
 - Show then and explain the process step-by-step.
 - Tell them what you told them again (basic review).

Check out these resources to help you as you plan your demonstration!

- [4-H Demonstrations- LG744](#)
- [Demonstration Worksheet- Y745](#)

While demonstrations may challenge you to get out of your comfort zone, they will also help build your public speaking skills that will come in handy when you have to make a presentation or give a book report at school.



4-H Demonstration Worksheet

I. Introduction
 My name is _____ and I am _____ years old.
 I am a member of the _____ 4-H Club.
 I have been a 4-H member for _____ years.
 My 4-H projects this year are: _____

Today, the subject of my demonstration is _____
 I have selected this topic because: _____

For this demonstration, I will need the following items: _____

(If you are doing a food demonstration, list the ingredients needed and quantities. For other kinds of demonstration, list the supplies, materials, or special tools you will use. You may want to use a poster to list the ingredients or materials needed.)

II. Steps (or Body) — Explain what you are doing as you show how to do it.
 1. _____
 2. _____
 3. _____
 4. _____

III. Summary — Say, "to summarize my demonstration." Tell briefly what you have demonstrated. You may want to use another poster that lists the main steps.
 1. _____
 2. _____
 3. _____
 4. _____

IV. Questions — Ask, "Are there any questions?"

V. Conclusion — After the questions are, "If there are no more questions, this concludes my demonstration. Thank you."

UNIVERSITY OF MISSOURI Extension

Missouri Livestock Symposium

The 2023 [Missouri Livestock Symposium](#) will be held December 1st & 2nd in Kirksville, Missouri at the William Matthew Middle School. This is a wonderful, free educational opportunity with a trade show and speakers on topics including: forages, beef cattle, horticulture, horse, sheep, meat goats, stock dogs, horticulture/gardening, and farm management.



4-H Global Education

Just as 4-H goes beyond our doorstep and your county line, it also goes beyond our nation's borders. Global Education contributes to understanding people of the world through hosting, travel experience, project and activity enrollment for individuals and clubs.



- Travel to another country
 - **4-H/Japanese Exchange to Japan**
 - Four-week host family experience living in Japan
 - Open to young people ages 12-18
 - Depart mid-July
 - Application deadline: Nov. 1, 2023
 - **Exchange to Costa Rica, South Korea, Finland**
 - Four-week experience living with a host family (countries vary each year)
 - Open to young people ages 15-18 (must not be in college)
 - Travel dates are mid-June to mid-July
 - Application deadline: Nov. 1, 2023
- Global Education at home
 - **4-H Project or Club Activity**
 - Sign up for the Global Education project to explore cultures around the world!
 - **EXCEL: Working Together**
 - Online to Bangladesh; Fall and Spring
 - Meet friends from around the world and learn about different cultures while learning and sharing about food, family, and hobbies and more in an online club, meeting once a week for seven weeks.
- Become a Host Family
 - **4-H/Japanese Short-Term Host Family**
 - Four-week host opportunities for a youth from Japan
 - Arrive at host family in mid-July; depart mid-August
 - Two weeks serving as host to the adult chaperone who accompanies youth delegates.
 - Application deadline: March 1, 2024
 - **Academic Year Programs (AYP) Host Family**
 - Host an international high school youth for 10 months and bring the richness of the world to your home!
 - Families have the opportunity to host a high school student for one academic year (August-June). Students are enrolled in public high school and participate in activities as members of their host families.
 - Missouri places students from Japan and South Korea through AYP.
 - State Coordinator provides support services for host families and exchange students throughout the year.
 - Application deadline: Dec. 1, 2023

[Visit our website for more information.](#)

**YOU CAN HAVE A
GLOBAL EXPERIENCE
WITH MISSOURI 4-H**



4-H Ag Innovators Experience: Call for Teen Leader Applications



We are doing a “pre-call” for teen leader applications for the 2024 Ag Innovator Experience program. **Missouri’s participation in the 2024 4-H Ag Innovators Experience Program is dependent on the grant award by National 4-H Council.**

This year’s challenge explores how different technologies have transformed agriculture and how farmers, government, and consumers must continue to innovate, learn, and adapt to grow more food in a sustainable manner while focusing on food safety. The activity dives into the science behind food safety and the role crops play in food safety, especially in the solutions to feed a hungry planet.

Youth can apply via the Qualtrics link provided below. Applicants must be 13 years or older to be considered for the program. Applicants must provide a response to all of the application questions, or their applications will not be considered.

Application link: https://missouri.qualtrics.com/jfe/form/SV_4OTxoTLL3QkFQMu

To be considered for one of the three spots on the State Leadership Team, which will take part in the national training in Champaign, Illinois, January 12-14, 2024, you must complete and submit your application by Friday, November 10, 2023. Those selected to attend the national training will be notified by Monday, November 20, 2023. The application will close completely on January 3, 2024.

Applicants not chosen for 1 of the 3 State Leadership Team spots will still be considered for 1 of the remaining 18 Teen Leader positions for the program. All applicants will receive a response email regarding their acceptance into the program by January 8, 2024.

There will be a training in Columbia, MO tentatively scheduled for Saturday, February 3, 2024, to teach the Teen Leaders about the educational program and how to facilitate the activities. The Teen Leaders will then have until July 1st to facilitate the program to a minimum of 50 youth through events that they schedule in their local areas.

4-H ZOO APPRENTICE CAMP AT BUSCH GARDENS

The world's largest zoological organization, Busch Gardens, partners with Missouri 4-H to offer Missouri Youth an opportunity to discover, learn, laugh and experience one-of-a-kind adventures with animals from around the world. This event is for 4-H members ages 11-18.

Trip Information:

- Cost is \$875 per individual.
- Registration fee does NOT include airfare to and from Tampa, FL
- Registration closes November 1 or when full. Spots are limited.
- If paying by check, your payment must be received at your County Extension Center office within 5 days of registration, or your registration may be deleted.
Make checks payable to University of Missouri.
- EVENT CANCELLATION AND REFUND POLICY: No refund will be granted.



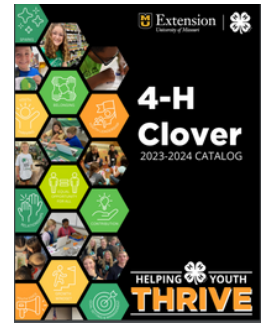
[REGISTER HERE](#)

Contact: Sarah Townley, sctownley@missouri.edu, 573-882-9359

4-H Clover

Check out the 2023-2024 4-H Clover Catalog. It is a great place to start when choosing your project options for the new 4-H Year. Take some time to check it out and think about any potential exhibits that you might be wanting to make during the year, so you can be sure to enroll in a corresponding project.

The 4-H Clover can also be accessed online [here](#).



4-H Membership Assistance

MO HealthNet providers Heathy Blue and Home State Health will cover the cost of annual dues to after-school programs like 4-H, Boys and Girls Clubs, and Scouts for their members. Check out the [flyer](#) for details.

For Healthy Blue members:

1. Call Member Services at 1-800-322-6027 to request a pre-paid VISA card for each Child.
2. During enrollment in 4-H Online, pay with your pre-paid VISA card using the pay by credit card.

For Home State Health Members:

1. Call Member Services at 1-855-694-4663 to request a voucher for each child.
2. Once you receive your voucher, the parent/guardian must sign and date the original voucher and send it to the County Extension Office. Vouchers that are not signed will be returned.
3. Verify with your County Extension Office that they received your voucher. They will handle payment of your family's annual membership dues.



FCS Scholarships

FCS Financial Scholarship applications are available now for 2023-2024 high school seniors! Applications are due March 1, 2024. For more information and to apply check [here](#).

Annual Evaluation of Missouri 4-H

We need to hear from you! Calling all 4-H members ages 9-18, you will be receiving an email next week from the Missouri 4-H State Office asking for you to complete an evaluation survey. This survey has become an annual event and allows you, the members, to tell us about your 4-H experience through your feedback giving us data that we can use as we continue to grow Missouri 4-H and work to Make the Best Better. Please use the QR code or [LINK](#) to access and complete the survey. Thank you!



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